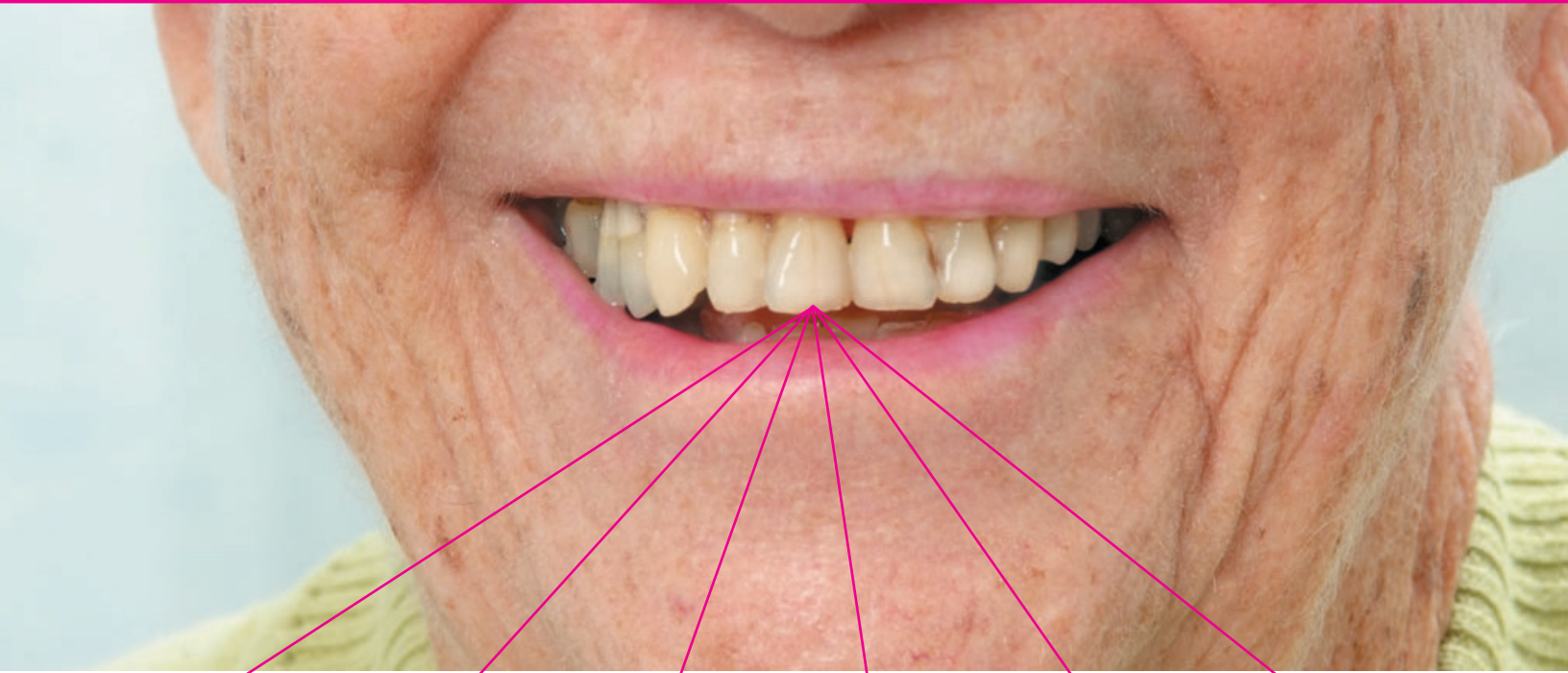


# Did you know????



Reduce risk of  
Diabetes

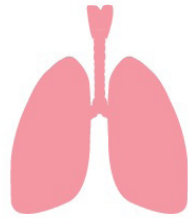
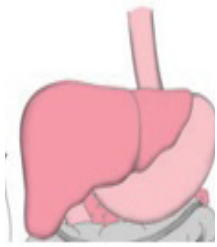
Help prevent  
Heart Disease

Avoid  
Pneumonia

Reduce risk of  
Stroke

Prevent  
Tooth Decay

Reduce  
Gum Disease  
& Bad Breath



## A healthy mouth will improve overall health and well-being

Good oral health is essential for overall health



Better Oral Health in LTC - *Best Practice Standards for Saskatchewan*



(Adapted from Australia's Better Oral Health in Residential Care)