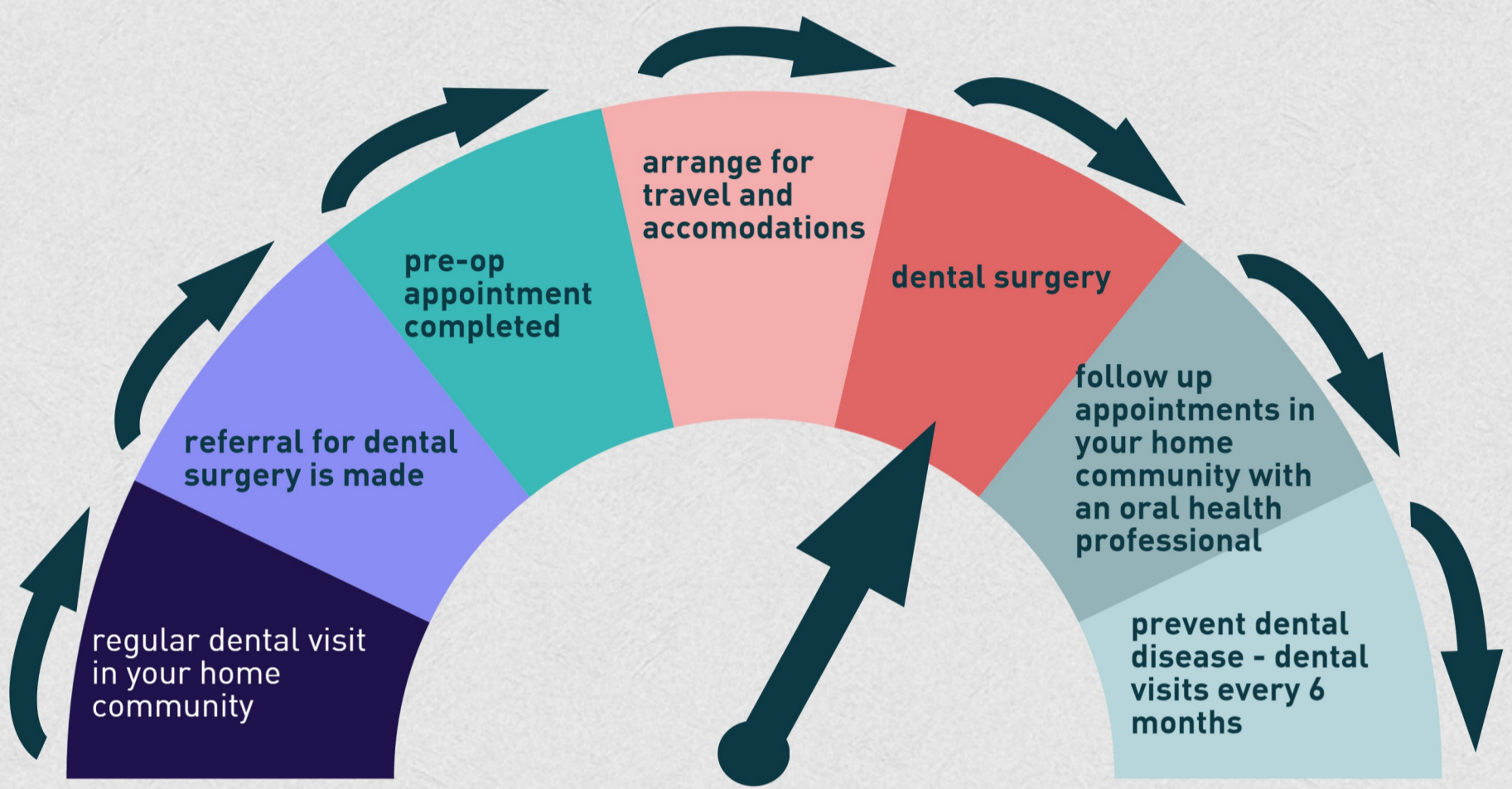


Congratulations for taking all the steps necessary to make your child's dental surgery successful!



Did You Know?

To ensure your child's mouth has healed from surgery, follow up appointments are available in your home community with an oral health professional



**You've come this far!
Don't stop now!**

What Can You Do To Prevent Cavities?



Assist your child with brushing and flossing until age 8



limit foods and beverages containing sugar (including natural sugar) to planned meal and snack times



Take your child to an oral health professional every 6 months for an oral exam and fluoride varnish



Keep your own mouth clean and healthy to prevent passing cavity causing bacteria to your child



Choose water!

Fun Facts!



Dental Disease is 100% preventable



Putting your baby to bed with a bottle is the same as your child having a lollipop in bed every night



Children should have their first dental visit by age one



Toothbrushing with fluoride toothpaste can reduce dental decay by up to 56%



Saskatchewan
Dental Public Health
Network

