

SOHC INC. PRESENTERS BIO

Presenter Dr. Jason Vanstone B.Sc., PhD.

Dr. Jason Vanstone grew up in Regina and completed his B.Sc. in Biology at the University of Regina in 2006. He then completed his Ph.D. in Cellular and Molecular Medicine at the University of Ottawa in 2013 where his research focused on regenerative medicine. Following a two-year post-doctoral fellowship in rare disease research at the Children's Hospital of Eastern Ontario, Jason returned home to Regina in 2015. In 2016, he began working with the Regina Qu'Appelle Health Region (now Saskatchewan Health Authority) and is currently the Research Scientist for Clinical Appropriateness.

Antimicrobial Stewardship and Oral Health

Presenter Casey Phillips, BSP, PharmD

Casey is the Lead Pharmacist for the Regina Antimicrobial Stewardship Program. Originally from Regina, he began his healthcare career in Emergency Medical Services in Saskatchewan. From there, he studied Pharmacy at the University of Saskatchewan in 2005 and worked in both community and hospital pharmacy. Building on the knowledge and skills from clinical work, he entered the Doctorate of Pharmacy Program at the University of Toronto in 2010. His current work focuses on Antimicrobial Stewardship Initiatives in Acute and Primary Care settings, including patient care, education, and research.

Presenter Yvette Ludwig, SDT, RDH, FCP, BAAE

Dental Assisting Practicum Possibilities in Africa

Yvette Ludwig obtained her Dental Therapy Diploma from Wascana Institute in 1987 and her Dental Hygiene Diploma from SIAST in 1991. After working in private practice for 23 years as a practicing dental therapist/ hygienist, she decided to explore a teaching career. Yvette was employed as a casual Clinical Dental Hygiene instructor at SIAST in 2001 which soon led to her current full time position at Saskatchewan Polytechnic as a Dental Assisting/Hygiene instructor. Yvette completed an Adult Education Certificate from Saskatchewan Polytechnic in 2012 and a Bachelor of Arts in Adult Education from the University of Fraser Valley in 2018.

Yvette has travelled to Tanzania, Africa in 2016 and 2018 where she was provided with opportunities to immerse herself in authentic cultural experiences leading to a deeper understanding of globalization and diversity. In June 2018, Saskatchewan Polytechnic sponsored both Yvette Ludwig and Trish Gottselig to explore potential practicum placement options for upcoming future Dental Assisting students.

Presenter Barry Spence, B. A.

Aboriginal Awareness Training – “Let Good Spirits Be Your Guide”

Barry is a proud member of the Opaskwayak Cree Nation and a descendant of signatories to Treaty 5 & 6. Through his experiences as a lecturer, columnist, consultant & facilitator, Barry has developed a reputation as an engaging and informative speaker. Barry is a family man with 5 children and in his spare time coaches minor sports in Regina. He is an independent consultant delivering the 'Aboriginal Awareness Training' for the Saskatchewan Health Authority where he incorporates his own model into sections called “Let Good Spirits be your Guide.”

Presenter Dean Lefebvre, B.Sc., RDH, CAET

Northern Oral Health Event



Dean graduated from the University of Saskatchewan with an Advanced Bachelor of Science degree in Anatomy and attended SIAST in Regina where he obtained his Diploma in Dental Hygiene in 1996. After graduating from SIAST, Dean worked full time in private practice, started up his own mouth guard business, and taught a variety of classes at SIAST. Dean is now working as a full time instructor in the Saskatchewan Polytechnic Dental Hygiene Program where he educates dental hygiene students on preventative dentistry, radiology, community oral health and clinical dental hygiene. He also serves on the Academic Progress Committee, Health Sciences Interprofessional Development Committee, Instructional Leadership Development Advisory Committee and Research Advisory Board. Dean obtained his Certificate in Adult Education and Training from the University of Regina in 2014 and is completing his Masters in Adult Education this year.

Dean has been involved in the Saskatchewan Dental Hygiene Association, Canadian Dental Hygiene Association, conference committees, and other group organizations. He has spoken at provincial and national conferences on a variety of different topics. Dean has initiated a number of community oral health initiatives within Regina including implementing a brushing and sealant program at Mother Teresa Middle School, participating in community oral health fairs and most notably, Dental Day and Northern Dental Day. In 2018, Dean was awarded the Faculty Award for Excellence in Teaching at Saskatchewan Polytechnic.

Co-Presenter - Susan Anholt BA, RDA

Susan holds a certificate in dental assisting, and holds current registration and licensure as a Registered Dental Assistant in Saskatchewan. She also holds a Bachelor of Arts, from the University of Saskatchewan. She has been employed in private practice dentistry, dental assisting education and currently serves as the Executive Director/Registrar of the Saskatchewan Dental Assistants' Association. Susan has spent a lifetime serving in many volunteer capacities. She is a former President of the Saskatoon Dental Assistants' Society and the President of the Saskatchewan Dental Assistants' Association. She is a past member of the Council of the College of Dental Surgeons of Saskatchewan. She has served on and continues to serve on numerous community boards and councils. She is currently a director of the National Dental Assisting Examining Board and long serving member of the Canadian Dental Assisting Regulatory Authorities.

Co-Presenter - Kellie Glass RDH, MBA – Registrar – Executive Director Saskatchewan Dental Association



Kellie graduated from the University of Manitoba, School of Dental Hygiene in 1995 and has been involved in the dental/health field in many capacities since that time. Upon completion of a Master's degree in Business Administration specializing in Health Services Management, she has served in a management role with a regional health authority, and since 2007 has been Registrar – Executive Director for both the College of Dental Hygienists of Manitoba (CDHM) and the Saskatchewan Dental Hygienists' Association (SDHA). She is committed to upholding the standards of the dental hygiene profession, has been instrumental in developing programs and services for both the CDHM and SDHA, and is passionate about working collaboratively to improve the oral and overall health of the people of Saskatchewan, and advance the dental hygiene profession in Canada.

Co-Presenter - Janet Gray, RDH, SDT Dental Technical Consultant

Janet has been involved in public oral health services throughout northern Saskatchewan since 1978 (40years). She provided dental therapy services for the first 15 years before returning to Regina to receive her diploma in dental hygiene. Shortly after she returned and decided to take an administrative/educator role with The Department of Northern Saskatchewan and the Ministry of Health as The Technical Dental Consultant. She is committed to providing the best care and education services possible to the residents of Saskatchewan. Janet and her husband of 40 years enjoyed bringing up their family of two children in LaRonge where the great outdoors was and is their playground.



Co-Presenter- Kaitlyn Hebert (formerly Fieger), RDH, BHS

Kaitlyn has been practicing clinical dental hygiene in Regina since graduating from SIAST in 2010 (now Sask Polytech). She went on to complete her degree in Health Studies from the University of Regina in 2016. It was here that she deepened her interest in public health. She volunteers her time representing the Saskatchewan Dental Hygiene Association as a council member. She is also the Sask Rep for the National Dental Hygiene Exam Board. She also enjoys advocating for underserved populations, including seniors (particularly those living in Long Term Care) and indigenous populations throughout Saskatchewan. She also obtained her certification in ART (Atraumatic Restorative Therapy) through the University of Alberta in 2017 and hopes to find ways to continue to serve the people of Saskatchewan for many years to come. She recently got married this past summer and has 3 young children.

Better Oral Health in Long Term Care – Evaluation of Better Oral Health in Long Term Care

Presenter- Kerrie Kreig RDA, Long Term Care Oral Health Coordinator, Saskatchewan Health Authority Saskatoon

Kerrie is a registered dental assistant graduating from Kelsey Institute of Applied Arts and Science in 1978. In the early years of her working career she worked in private practice in dental offices in Saskatoon and also worked with a dentist at the Regional Physic Centre. There was a break in her working career when her children were young so she was able to care for them and enjoy their school activities as well.



She joined the dental world again in 1997 when she was hired by the Saskatoon Health Region and worked as a dental assistant in the Oral Health Program at with children in the Population a Public Health Dental Clinic. The program started out in the schools within the city and is now located at the West Winds health care Center.

In 2015 Kerrie started her position as the *LTC Oral Health Co-coordinator* for the Saskatoon health region now the Saskatchewan health Authority. In this position she is educating other health professionals in LTC about the purpose of oral care is to keep the mouth and our bodies healthy. Helping other health professionals connect the mouth to the body is what she loves to do!

In 2017, she received the Susan Anholt Professional mentorship award for “Recognizing her Outstanding Leadership and Exceptional mentorship Abilities”

Kerrie has lived in the Saskatoon area all her life, she is married to her awesome husband Gary and she has 2 adult children who are both married and she has 6 grandchildren, who are the joy of her life!!