

Canadian Dental Care Plan

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Disclosure



Neither I nor my immediate family have any financial interests that would create a conflict of interest or restrict my independent judgment with regard to the content of this presentation

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Outline

- Oral health in Canada
 - Canada Dental Benefit
 - Canadian Dental Care Plan
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- A decorative purple dashed line in the bottom right corner, consisting of several short, curved segments.

THE  CANADIAN
ASSOCIATION OF PUBLIC
HEALTH DENTISTRY



CAPHD is the national voice for dental public health in Canada that is dedicated to improving oral health and assuring oral health equity for Canadians



It is a non-profit organization of public health dentists and community oral health professionals from across Canada.

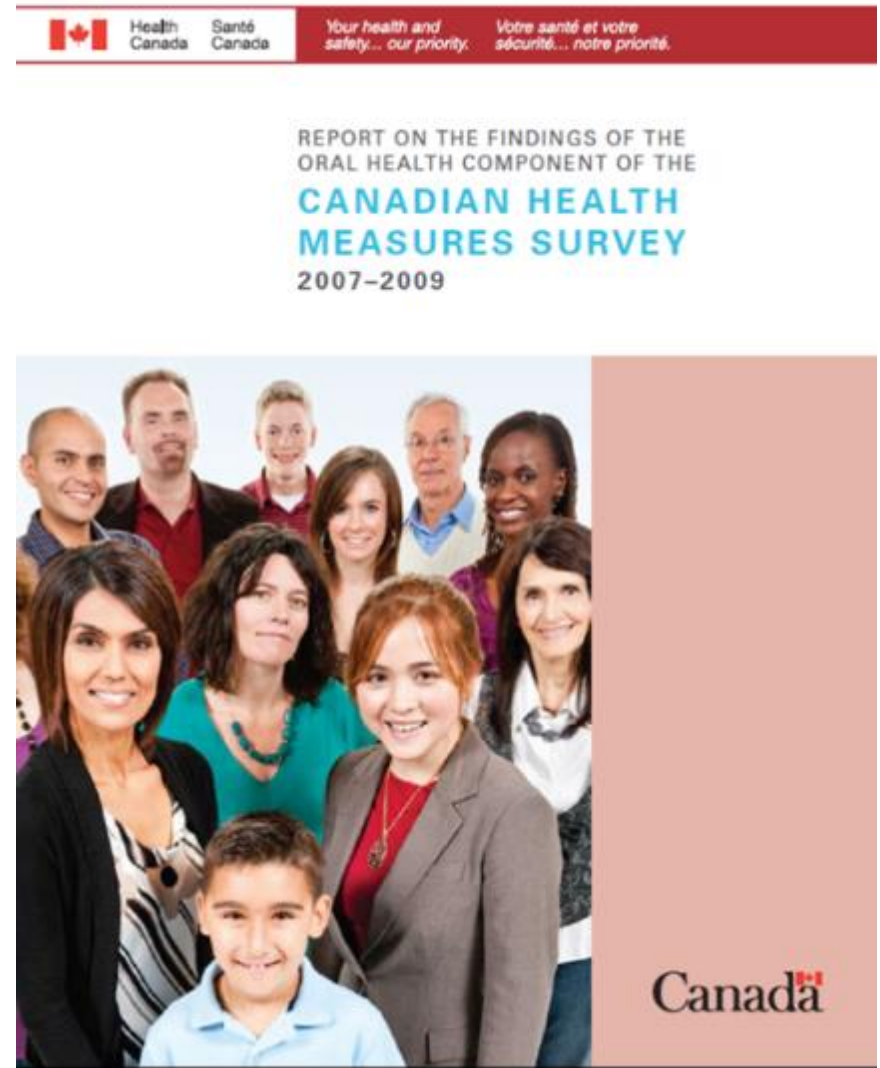
Thinking Upstream



Watt 2007

Oral Health in Canada

- 85% of Canadians report that they have good oral health
- 75% have visited the dentist within the last year



Oral Disease in Canada

- Self-perceived oral health
 - 84% report good-excellent oral health
 - 12% avoid food due to problems
 - 12% have ongoing oral pain
 - 16% of low-income earners report pain in the last years

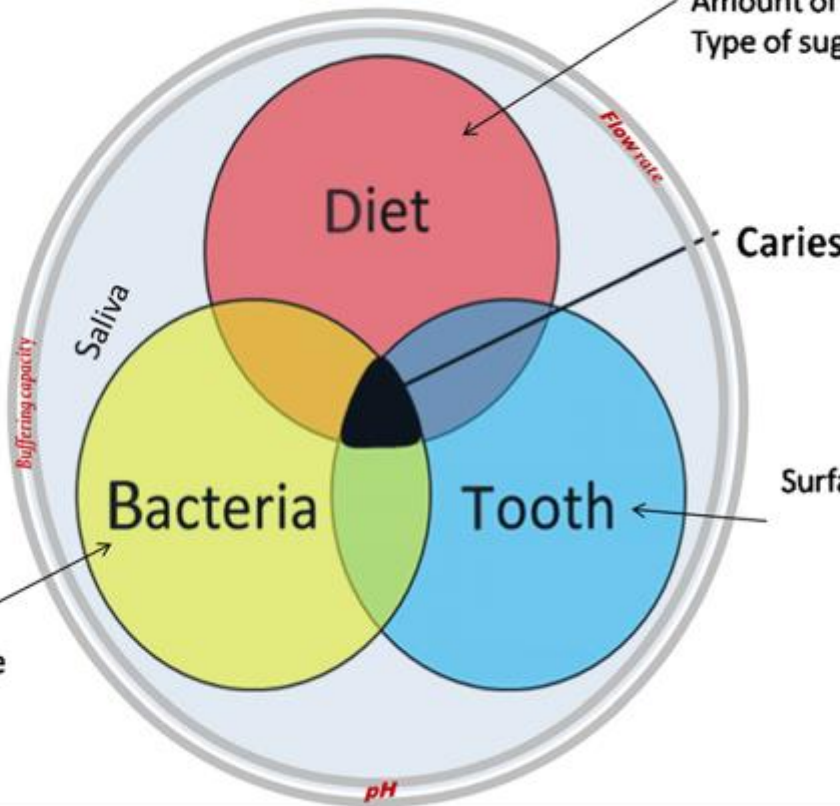
Oral Health in Canada

- Seniors
- Low-income populations
- Children
- Individuals with special needs
- Indigenous populations





Oral hygiene



Frequency of eating
Amount of sugar
Type of sugar



Surface morphology



Public Enemies for your Teeth

Starchy, Refined Carbs



Chips
Potatoes
Crackers
Bread
Pasta

Sugary Candy & Sweets

Hard Candies
Taffy & Caramels
Chocolate
Cookies, Cake
Brownies



Acidic Foods, Fruit



Lemons
Other Citrus
Diet Sodas
Vinegars

Sugary Beverages, Juice

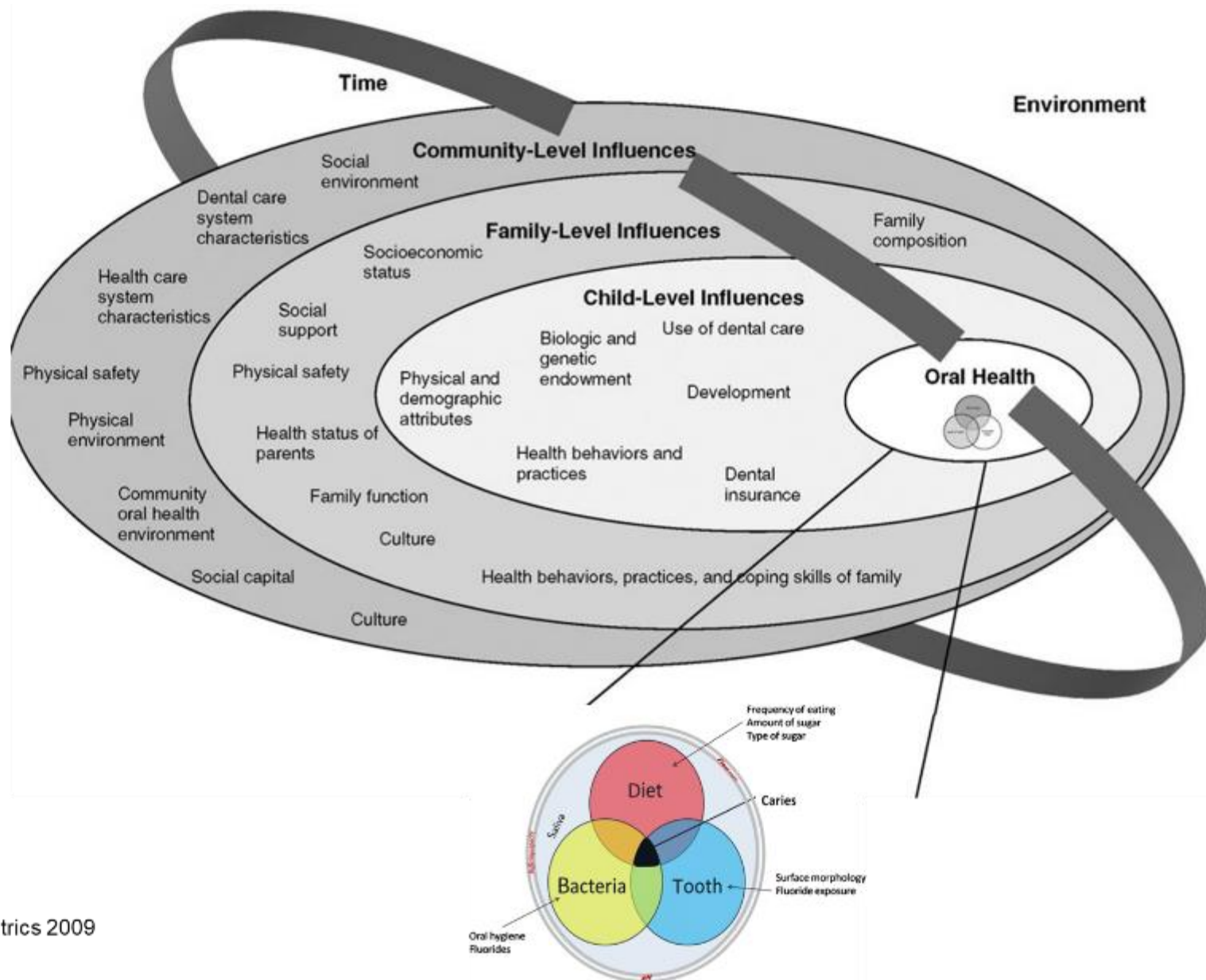
All Soda
Fruit Juices
Alcohol
Sugar-added coffee, tea



Risk Factors



- Fluoride exposure
- Diet
- Sleep time routine
- Oral hygiene
- Habits
- Special health needs
- Previous caries
- Oral bacteria
- Poor family oral health
- Socioeconomic status



Social Determinants of Health

1. **Income and social status**
2. **Employment and working conditions**
3. Education and literacy
4. Childhood experiences
5. Physical environments
6. Social supports and coping skills
7. Healthy behaviours
8. **Access to health services**
9. Biology and genetic endowment
10. Gender
11. Culture
12. Race / Racism



Background

- 60% of all Canadian children ages 6 to 11 experience dental caries
- 1 out of every 3 kids entering grade 1 in Saskatchewan have evidence of dental caries
- Leading cause of day surgery for children in Canada

Oral Disease in Canada

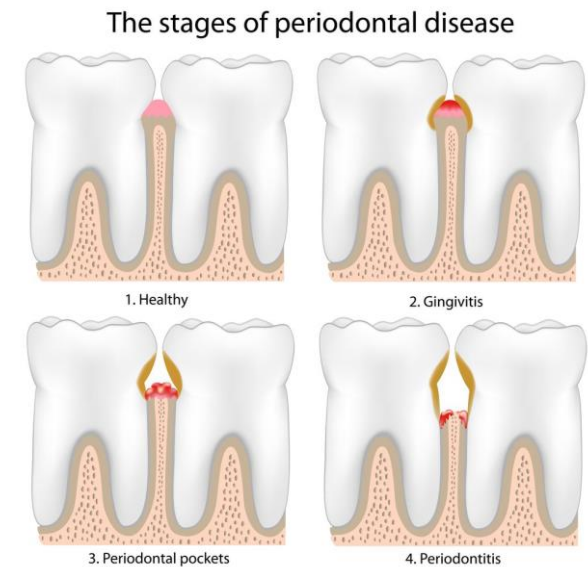
- Dental Caries
 - Children (6-11)
 - 57% have at least 1 cavity
 - Mean # of cavities per child = 2.50
 - Adolescents (12 – 19)
 - 96% have at least 1 cavity
 - Mean # of cavities per individual = 2.61

Oral Disease in Canada

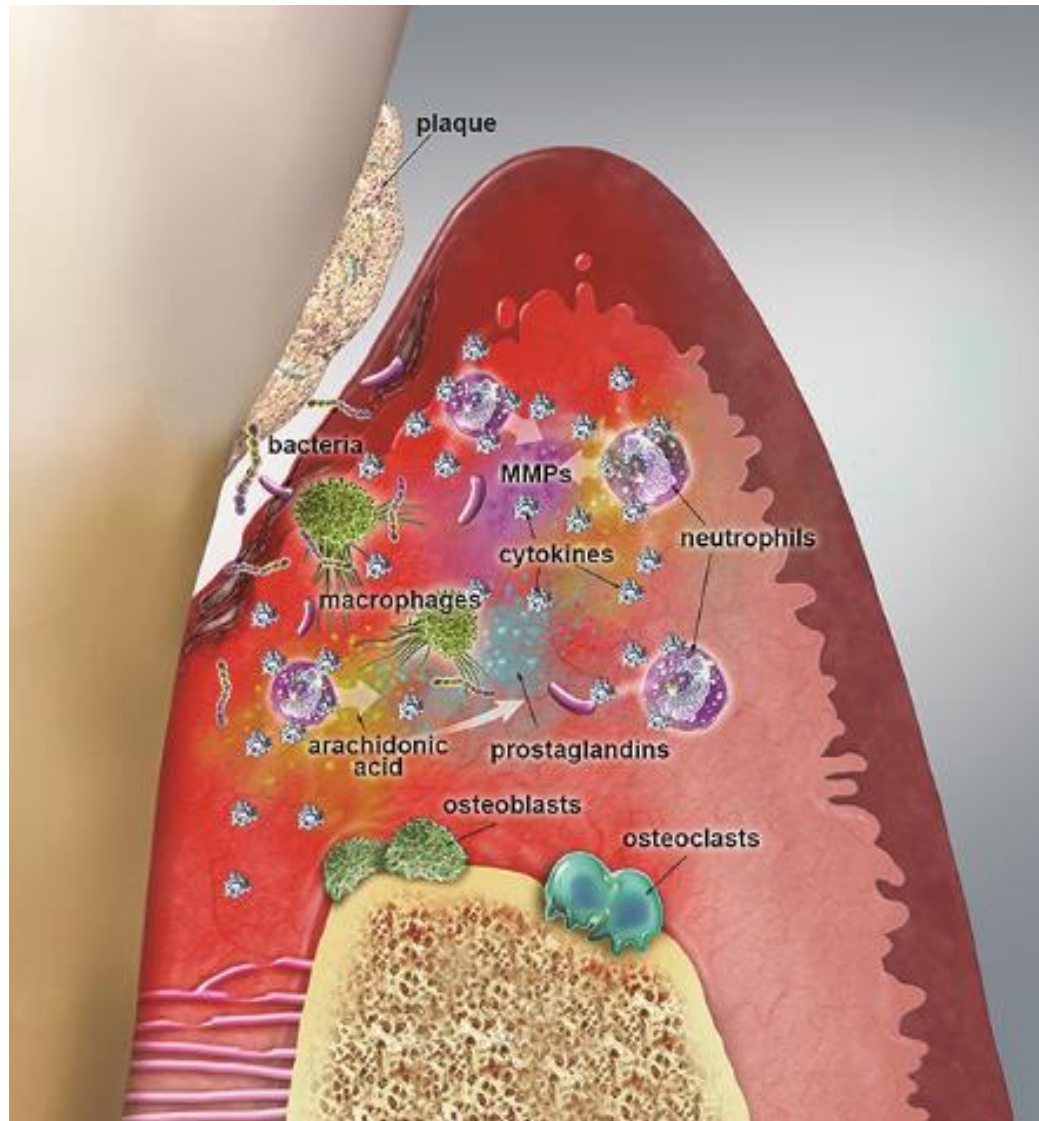
- Dental Caries
 - Adults (20 -79)
 - 96% have at least 1 cavity
 - Mean # of cavities per individual = 10.67
 - 20% have at least 1 cavity on a root surface
 - 6% are completely edentulous (no teeth)
 - Increases with age
 - 4% for 40-59
 - 22% for 60-79

Oral Disease in Canada

- Periodontal Disease
 - Gingivitis
 - 32% of 20-79 year olds
 - Chronic periodontal disease
 - 24% (6-79) have moderate disease
 - 4% have severe disease

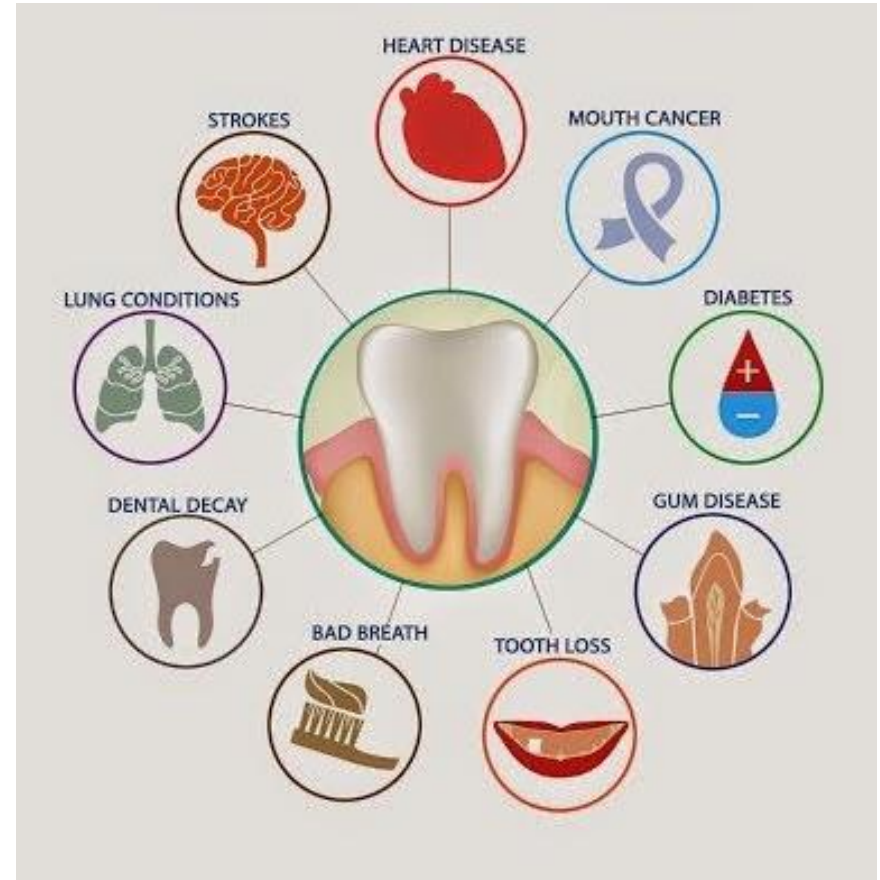


Canadian Health Measure Survey, 2010



Periodontal Disease

- Does periodontitis increase the risk for.....
 - Cardiovascular disease
 - Diabetes
 - Respiratory diseases
 - Osteoporosis
 - Adverse pregnancy outcomes
 - Chronic kidney disease
 - Rheumatoid arthritis
 - Obesity
 - Metabolic syndrome



Oral health is an integral
component of overall
health




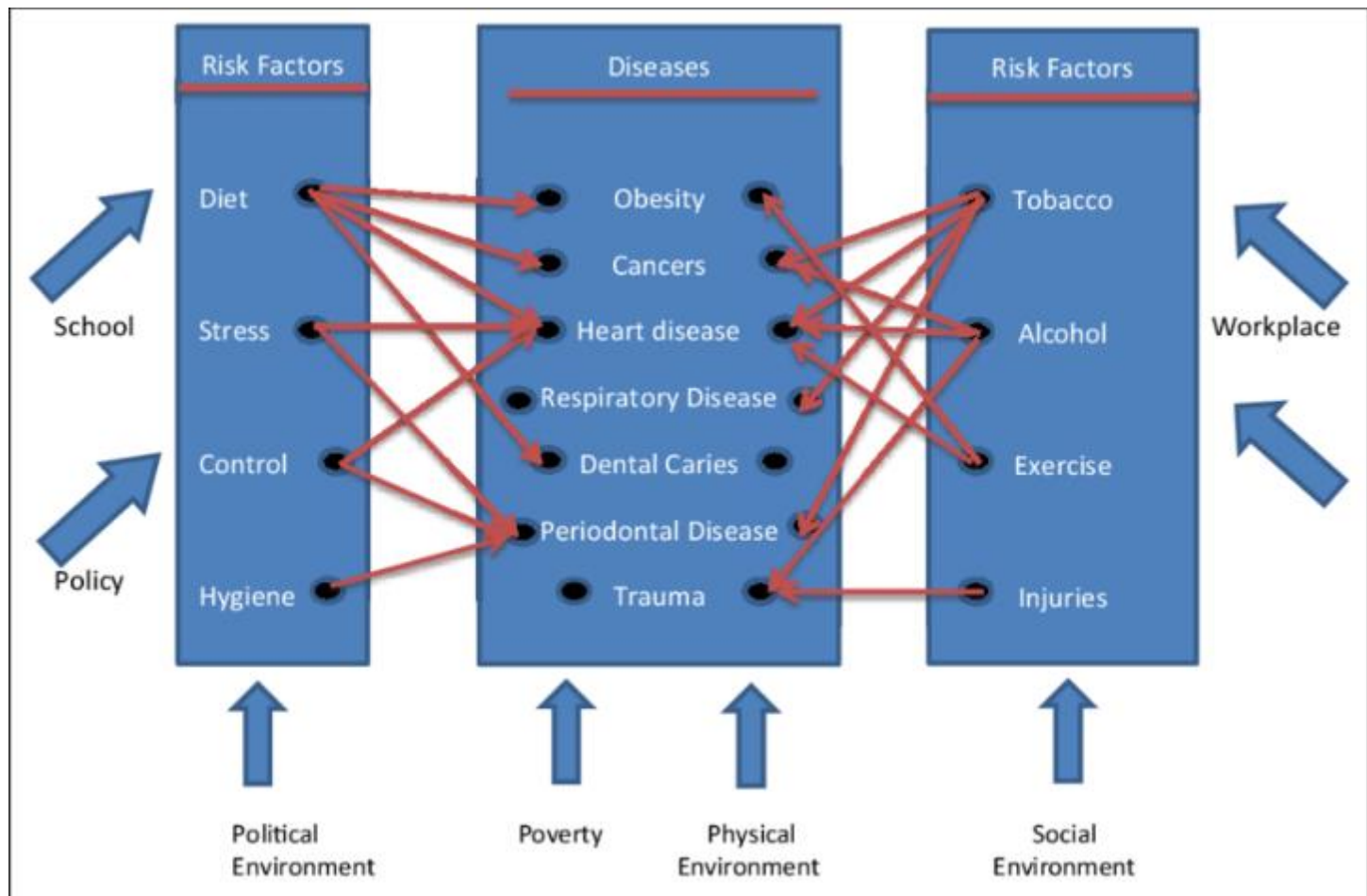
Oral Disease in Canada

- Oral Cancer
 - 13th most common cancer in Canada
 - 5-year survival rate ~ 63%
 - 9 cases per 100,000 (males>females)
 - 4700 new cases per year
 - Risk factors
 - Age
 - Smoking
 - Alcohol
 - Diet
 - HPV-16
 - Sun exposure



Poor Oral Health

- Infection
 - Pain
 - Tooth loss
 - School/Work performance
 - Social functioning
 - Self-esteem
 - Burden of cost
- 



Social Determinants of Health

1. Income and social status
2. Employment and working conditions
3. Education and literacy
4. Childhood experiences
5. Physical environments
6. Social supports and coping skills
7. Healthy behaviours
8. Access to health services
9. Biology and genetic endowment
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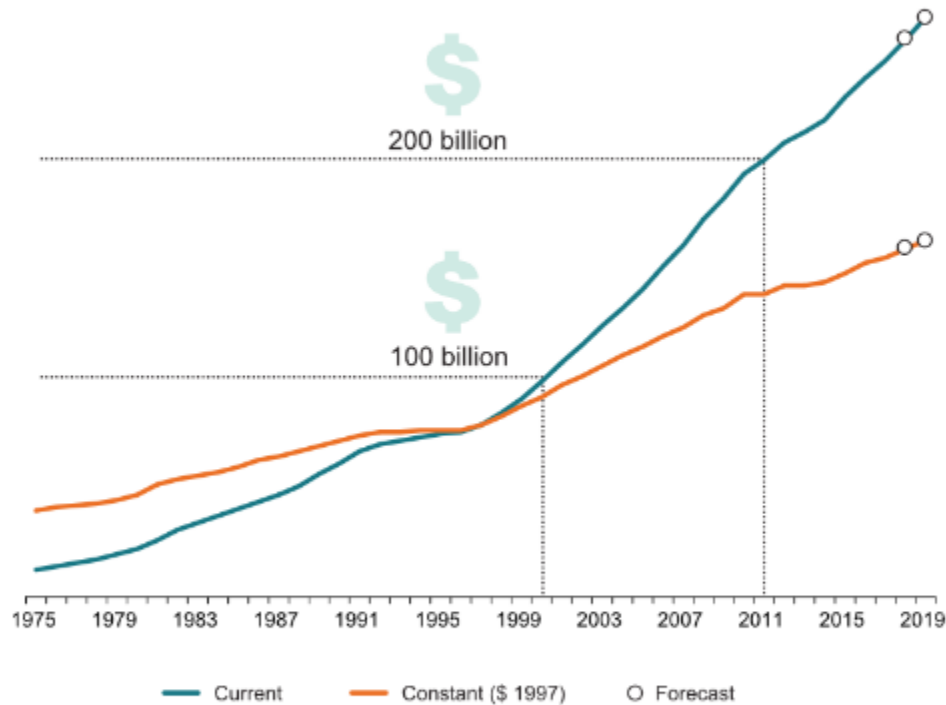
Canadian Oral Health Care System

Canadian Oral Health Care System

- **Financed in private dollars**
 - Employment based insurance
 - Private insurance
 - Out-of-pocket payments
 - Minimal contributions from public programs
- **Predominantly delivered in private clinics**
 - Traditional dental office
 - Hospital clinics
 - Publicly operated community-based clinics
 - School-based clinics

Canadian Health Care

How much will we spend on health in 2019?



\$264.4
billion



3.9%
growth



\$7,068
per person

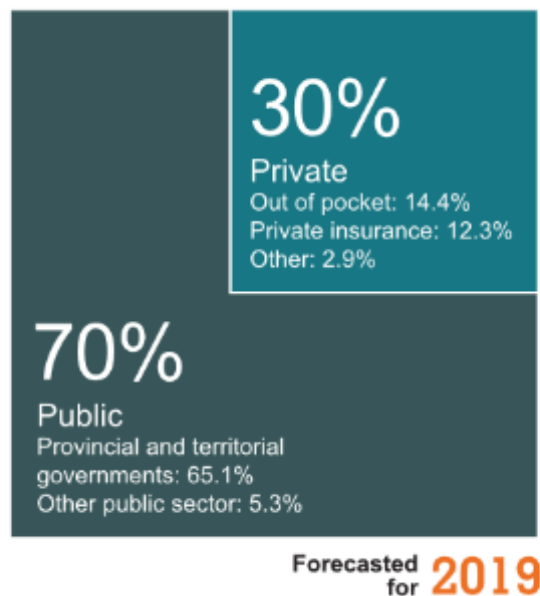


11.6%
of GDP

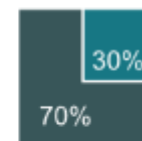
Source
National Health Expenditure Database, Canadian Institute for Health Information.



Who is paying for these services?



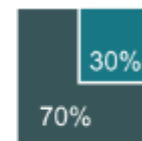
The public–private split has been fairly consistent since the early 2000s.



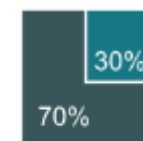
2000



2005



2010



2017

Source

National Health Expenditure Database, Canadian Institute for Health Information.

Oral Health Care in Canada

- Principally financed and delivered via the private sector
- \$17 Billion spent on oral health care in 2019

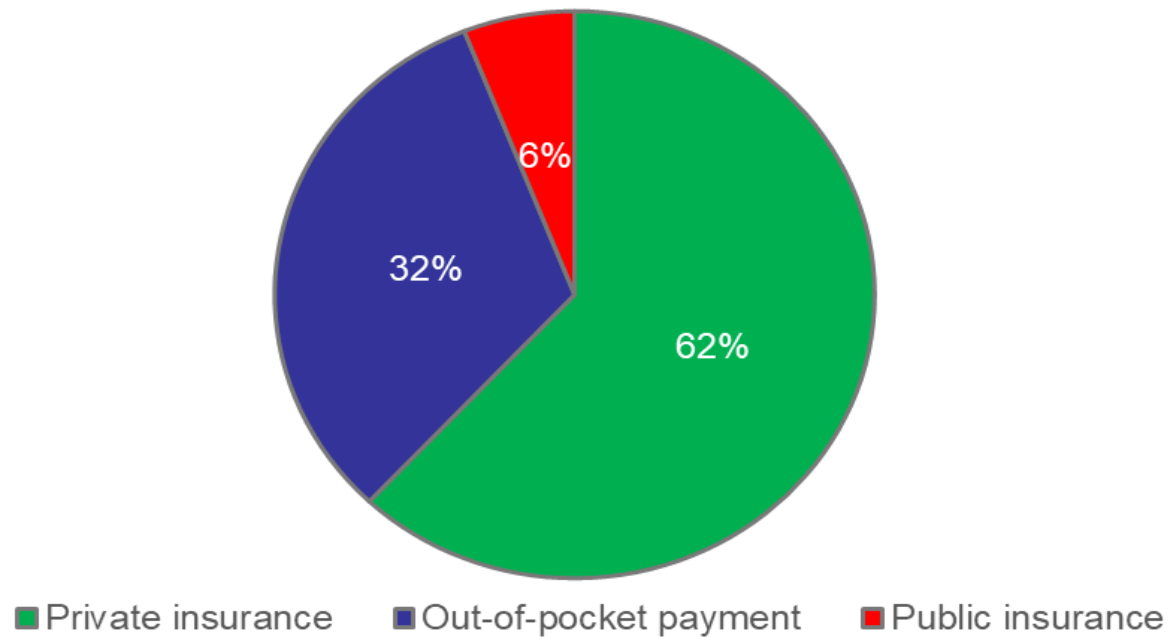
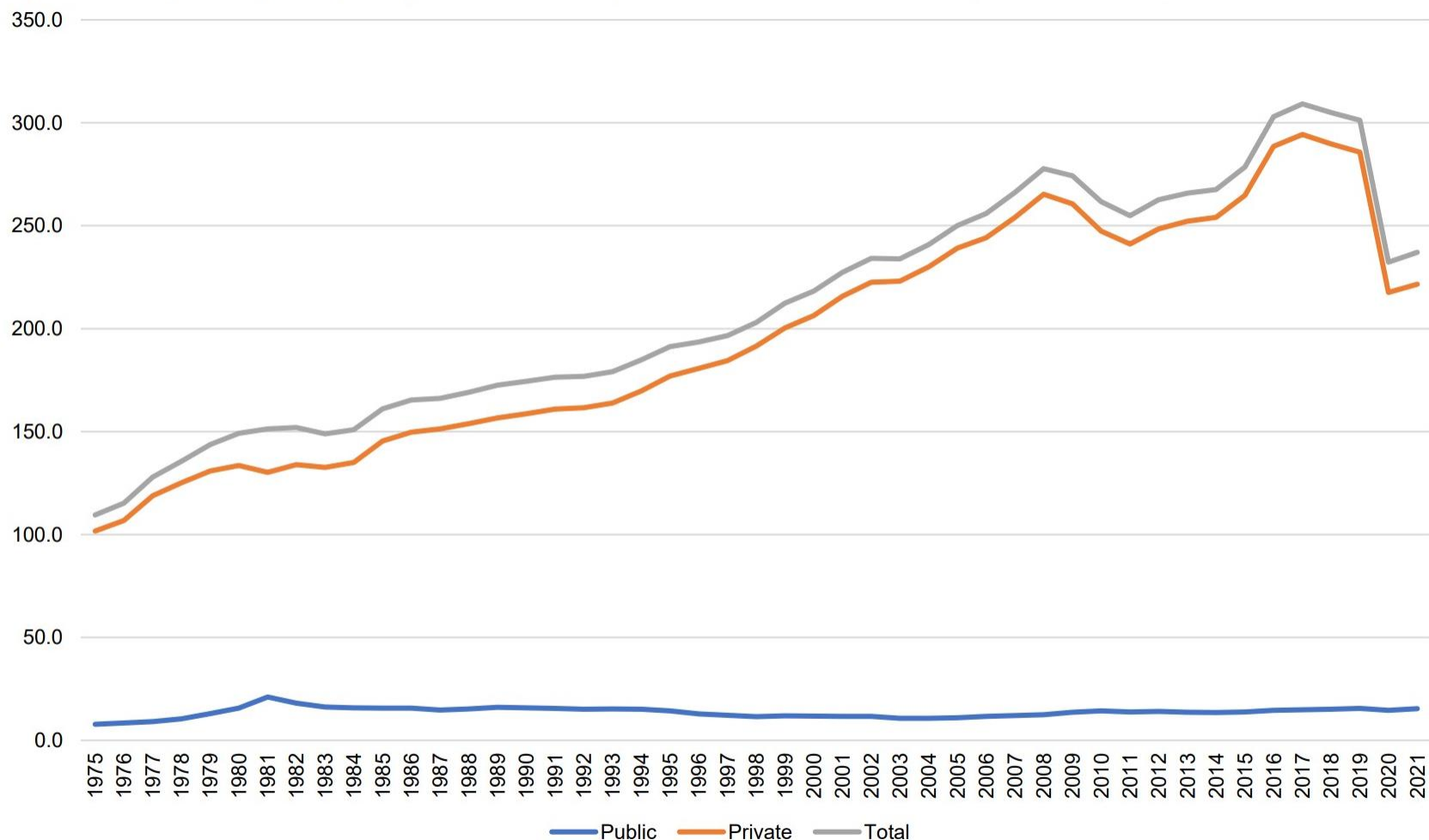


Figure 1. Total, private, public per capita dental care expenditures, Canada, 1975-2021 (constant dollars)

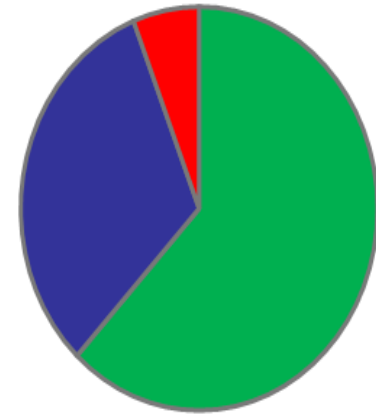


Source: National Health Expenditure Database, Canadian Institute for Health Information.

*2020 and 2021 estimates are forecasts

Canadian Oral Health Care

- 60% Provincial programs
- 40% Federal programs
 - FNIHB
 - Armed Forces
 - Veterans
 - Correctional Services



Oral Health Care Utilization

- 74% visit a dentist annually
 - 90% of 6-11 year olds
- 67% do not require treatment
- 62% have private coverage
- 6% have public coverage
- 32% have no dental insurance

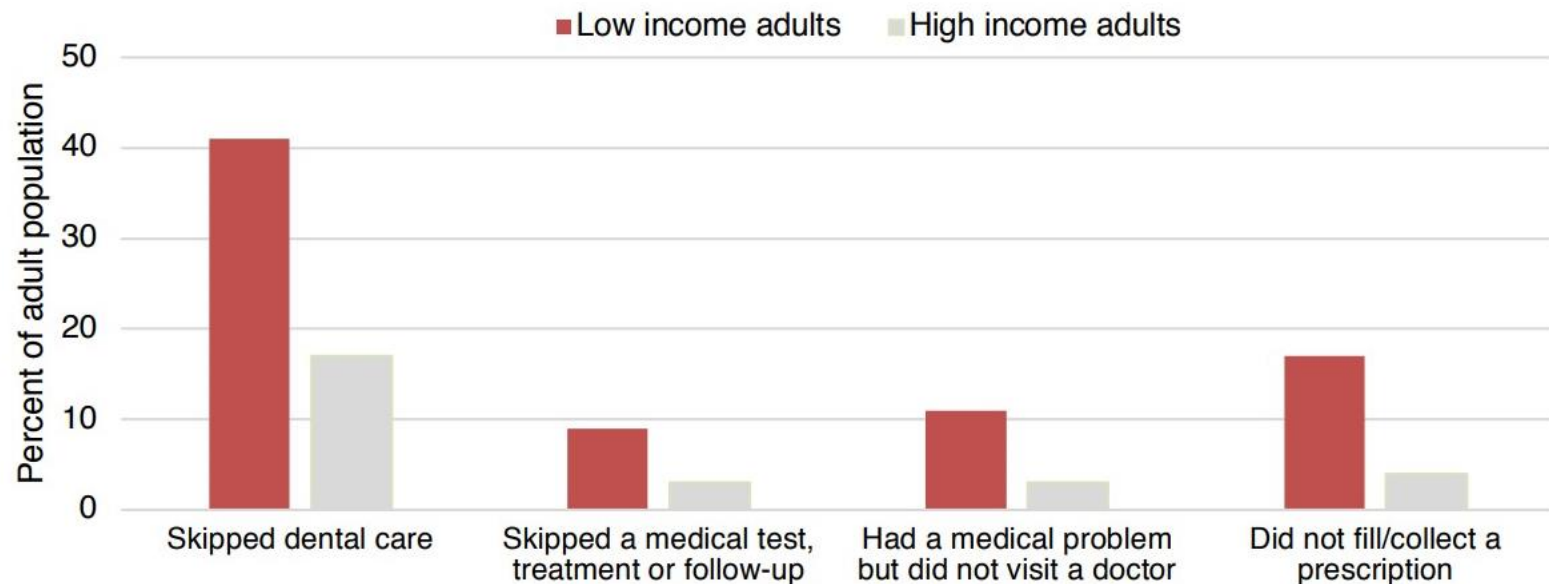
Oral Health Care Utilization

- 17% avoided visiting due to cost
- 16% declined care due to cost
- Low income/no insurance 3x more likely to avoid visiting a dental professional

Access to Oral Health Care

1 in 5 Canadians report cost as a barrier

Figure 1. Cost-barriers to seeking health services in the past year among Canadians.¹¹





Access to Oral Health Care

- Cost
- Geographic location
- Human resources
- Health literacy
- Language, education,
or cultural barriers
- Cultural safety



Canadian Association of Public Health Dentistry
Association canadienne de la santé dentaire publique

ROADMAP TO UNIVERSAL

Dental Care

IN CANADA

SUBMISSION TO THE HOUSE OF COMMONS
STANDING COMMITTEE ON HEALTH

DATE: SEPTEMBER 9, 2020

October 07, 2020



COST ESTIMATE OF A FEDERAL DENTAL CARE PROGRAM FOR UNINSURED CANADIANS



OFFICE OF THE PARLIAMENTARY BUDGET OFFICER
BUREAU DU DIRECTEUR PARLEMENTAIRE DU BUDGET

Assumptions

Coverage similar to the NIHB program

There will be no cost sharing for individuals with an income under \$70,000

Co-payments required for those earning between \$70,000 and \$90,000

All income thresholds will be indexed to inflation

Existing provincial territorial dental program would remain

Delivering for Canadians Now

A Confidence and Supply Agreement

1. A better health care system
2. Making life more affordable for people
3. Taking the climate crisis and creating good paying jobs
4. A better deal for workers
5. Reconciliation
6. A fairer tax system
7. Making democracy work for people



**Government
of Canada**

1. A Better Health Care System

- Launching a new dental care program for low-income Canadians
- For families with an income of less than \$90,000 annually, with no co-pays for anyone under \$70,000 annually in income
 - 2022 – Children under 12-year-old
 - 2023 – Children under 18-years-old, persons living with a disability, and seniors
 - 2025 – Full implementation

Timeline



ANNOUNCEMENT

MARCH 22, 2022



IMPLEMENTATION

DECEMBER 1, 2022

Initial Policy Options

Transferring of funds
to support existing
provincial programs

Develop a stand-
alone federally
administered
program

Timeline



ANNOUNCEMENT

MARCH 22, 2022



IMPLEMENTATION

DECEMBER 1, 2022

NDP Position

Income criteria


Populations covered

Launched by December
2022

*Federally administered
program*

An Interim Solution

The Canada Dental Benefit

- Launch date of December 1, 2022, retroactive coverage to October 1, 2022
 - For children < 12
 - Provide direct payments to individuals
 - Applications through the Canada Revenue Agency
- 

The Canada Dental Benefit

- \$650 would be provided for each eligible child if the family's adjusted net income is under \$70,000
- \$390 would be provided for each eligible child if the family's adjusted net income is between \$70,000 and \$79,999
- \$260 would be provided for each eligible child if the family's adjusted net income is between \$80,000 and \$89,999

The Canada Dental Benefit

- Parents will need to attest:
 - Their child does not have access to private insurance
 - They will have out of pocket expenses for which they will use the benefit
 - They understand they will need to provide documentation to verify out of pocket expenses (receipts)



The Canada Dental Benefit

- Estimated reach – 500,000 million Canadian children
- Estimated cost - \$938 million



Canada Dental Benefit



Total number of children helped

369,860

▼ Breakdown by eligibility period

Since July 1, 2023 (July 1, 2023 to June 30, 2024)	189,680
From launch to June 30, 2023 (December 1, 2022 to June 30, 2023)	320,170

Children who get the benefit in both periods are counted once in the total.

Canada Dental Benefit

Total applications received to date

316,670

▼ Breakdown by eligibility period

Since July 1, 2023

Period 2: Regular payments	98,840
Period 2: Additional payments	3,430
Period 1: Additional payments	10,160

From launch to June 30, 2023

Period 1: Regular payments	204,240
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Canada Dental Benefit

\$

Total dollar value of payments

\$315,207,000

▼ Breakdown by eligibility period

Since July 1, 2023 (July 1, 2023 to June 30, 2024)	\$118,518,000
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From launch to June 30, 2023 (December 1, 2022 to June 30, 2023)	\$196,689,000
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Canada Dental Benefit



Dental costs fully paid by other programs

If an eligible child's dental costs are fully paid for by another government program with no direct cost to you, those services do not qualify for this benefit. Check your child's eligibility for other programs before you apply.



Ongoing Challenges

- What type of service will \$650 provide?
- How will this co-exist with existing programs?
- What happens to existing public programs?
- What happens to employment-based insurance?
- What about communities in less accessible areas of Canada?
- What about public delivery?
- What happens with a change in government?

7 Principles to Guide a National Dental Care program in Canada

1. Core basket of services
2. Fair remuneration
3. Public and private administration
4. Public and private delivery
5. Portability
6. Accessibility
7. Data, evaluation, reporting





Access to Oral Health Care

- Cost
- Geographic location
- Human resources
- Health literacy
- Language, education, or cultural barriers
- Cultural safety

1. A Better Health Care System

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Canada Dental Care Plan

- Announcement in the Fall of 2023
- Comprehensive plan covering basic and emergency care
- 3rd party administrator
 - Initial contract to design the plan – Sunlife
- Unknown at this time
 - Services covered
 - Reimbursement rates
 - Claims processing/administration

Oral Health Access Fund

- Budget 2023
- The fund will complement the Canadian Dental Care Plan by investing in targeted measures to address oral health gaps among vulnerable populations and reduce barriers to accessing care, including in rural and remote communities
- \$250 million over three years starting in 2025-2026
- \$75 million ongoing

Oral Health Access Fund

- Health promotion
- Prevention
- Treatment services
- Evaluation activities
- Education
- Research



Access to Oral Health Care

- Cost
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Questions?
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